

Cuerpo sano, deporte y buenos consejos

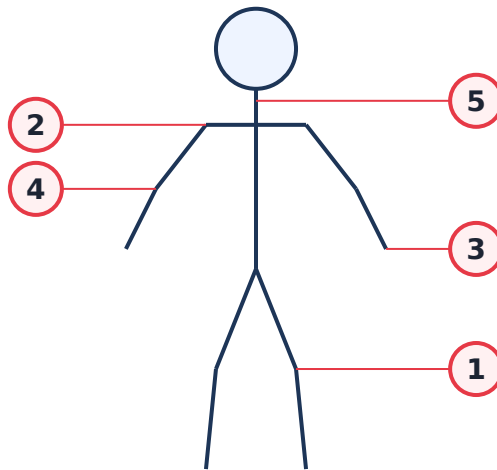
Inglés 3.º ESO · Ejercicios

Nombre: _____ Fecha: _____ Grupo: _____

Nivel: 3.º ESO (LOMLOE, RD 217/2022, referencia MCER A2+) · **Referencia oficial:** RD 217/2022 3.º ESO, Nivel de referencia MCER A2+, RD 217/2022 CE1 Comprensión, RD 217/2022 CE2 Producción, RD 217/2022 CE3 Interacción

Ejercicio 1 Partes del cuerpo en el dibujo (fácil)

Observa el dibujo y escribe la palabra en inglés que corresponde a cada número. Palabras: knee, shoulder, wrist, elbow, neck.



Escribe cada palabra en inglés.

Ejercicio 2 Completa con -ache (fácil)

Completa con headache, toothache, stomachache, earache o backache, con su artículo.

1. Mateo ate too many churros and now he has ____.
2. Lucía carried a heavy rucksack, so she has ____.
3. Joaquín went swimming and water is in his ear. He has ____.
4. Ximena can't eat ice cream because her tooth hurts. She has ____.
5. Leo studied for six hours without a break. He has ____.

Ejercicio 3 Hurt o hurts (fácil)

Elige hurt o hurts.

1. My throat ____.

2. Her feet ____.
3. My eyes ____ after the video game marathon.
4. My back ____ when I sit for hours.
5. Do your teeth ____?

Ejercicio 4 A o an con dolencias (fácil)

Escribe a o an.

1. I have ____ headache.
2. She has ____ earache.
3. He has ____ upset stomach.
4. Lucía has ____ infection.
5. Santiago has ____ sprained ankle.

Ejercicio 5 Should o shouldn't (fácil)

Completa con should o shouldn't.

1. You are tired. You ____ go to bed early.
2. Mateo has a cough. He ____ shout at the match.
3. We ____ drink water during the run.
4. She has a sore throat. She ____ eat very cold ice cream.
5. They ____ spend six hours on the phone before sleeping.

Ejercicio 6 Do, play o go (medio)

Completa con do, play o go en la forma correcta.

1. Valentina ____ basketball for the school team.
2. My cousin ____ yoga every morning.
3. We ____ hiking in the mountains near Madrid.
4. ____ you ____ judo?
5. Joaquín ____ volleyball on the beach.
6. They ____ cycling on Sundays.

Ejercicio 7 Go más verbo en -ing (medio)

Completa con la forma correcta de go y el verbo entre paréntesis en -ing.

1. Ximena ____ (climb) on Saturdays.
2. We ____ (run) in the park before breakfast.
3. My parents ____ (cycle) in Sevilla.
4. I ____ (not/swim) in winter.
5. ____ you ____ (sail) in Valencia?

Ejercicio 8 Ordena los consejos (medio)

Ordena las palabras para formar un consejo.

1. more / you / drink / should / water
2. Lucía / sweets / too / eat / shouldn't / many
3. ought / see / to / He / a / doctor
4. enough / should / We / sleep / get
5. my / I / Should / ice / ankle / put / on / ?

Ejercicio 9 Corrige el error (medio)

Cada frase tiene un error. Reescríbela bien.

1. I have cold and a sore throat.
2. You should to rest today.
3. She should drinks more water.
4. My legs hurts after the match.
5. Mateo makes judo on Tuesdays.

Ejercicio 10 Traduce al inglés (medio)

Traduce al inglés.

1. Me duele la rodilla.
2. Tengo dolor de cabeza y fiebre.
3. Deberías descansar un poco.
4. Santiago hace yoga los lunes.
5. No deberíamos comer tanto azúcar.

Ejercicio 11 Traduce al español (medio)

Traduce al español.

1. Valentina has a sprained ankle, so she can't play tennis.
2. You ought to wash your hands before lunch.
3. We go hiking when the weather is nice.
4. Does your throat hurt when you swallow?
5. He shouldn't run with a fever.

Ejercicio 12 La semana de Ximena (medio)

Lee el texto y escribe True o False. Corrige las falsas.

Ximena is fourteen and lives in Monterrey. She plays basketball on Mondays and Thursdays.

On Wednesdays she does yoga with her aunt. At the weekend she goes cycling with her brother. Last week she had a sore throat, so she stayed at home. Her mum said: "You should drink warm tea and you shouldn't go out in the rain." Now Ximena feels better and wants to go back to the court.

1. Ximena plays basketball twice a week.
2. She does yoga on Fridays.
3. She goes cycling alone.
4. Last week she had a headache.
5. Her mum thinks she should go out in the rain.

Ejercicio 13 Da un consejo (medio)

Escribe un consejo con should o shouldn't para cada situación.

1. Mateo has a toothache.
2. Lucía is always tired at school.
3. Your friend has a sprained ankle.
4. Joaquín spends all day on the sofa.

Ejercicio 14 Ordena la consulta (medio)

Ordena las frases de la conversación entre un médico y una paciente. Escribe los números en orden.

1. Take this syrup twice a day and rest at home.
2. I have a sore throat and a cough.
3. On Sunday evening.
4. Thank you, doctor.
5. Good morning. What's the matter?
6. When did it start?

Ejercicio 15 En la farmacia (medio)

Completa la conversación con las frases de la lista.

- a) Is there anything else?
- b) How often should I take them?
- c) How can I help you?
- d) I'd like something for a headache.

Pharmacist: Good afternoon. (1) ____

Customer: (2) ____

Pharmacist: These tablets are very good.

Customer: (3) ____

Pharmacist: Twice a day, after meals. (4) ____

Customer: No, thank you.

Ejercicio 16 El cartel del colegio (difícil)

Mira el cartel y responde en inglés con una frase corta.

HEALTHY WEEK AT LAKESIDE SCHOOL

Mon: free fruit at break

Tue: yoga in the gym (4 pm)

Wed: hiking club to the hill

Thu: cycle to school day

Fri: talk by the school nurse - sleep!

Cartel de una semana saludable.

1. When can students do yoga?
2. What do students do on Wednesday?
3. Who gives the talk on Friday?
4. What can students eat for free on Monday?
5. Which day is about bicycles?

Ejercicio 17 Mensaje para la familia anfitriona (difícil)

Estás en Leeds en un intercambio. La señora Walker no entiende español. Explícale en inglés, en 3 o 4 frases, este mensaje del médico del instituto: «Mateo tiene fiebre y dolor de garganta. Debe quedarse en casa dos días, beber mucha agua y no hacer deporte. Si le duele el oído, debe volver a la consulta».

Ejercicio 18 Mi rutina deportiva (difícil)

Escribe un texto de 40 a 50 palabras sobre los deportes que haces. Usa do, play y go al menos una vez cada uno, y una frase con should.

Ejercicio 19 Ought to y shouldn't (difícil)

Reescribe cada frase como se indica.

1. You should stretch before running. (ought to)

2. Santiago should see a dentist. (ought to)
3. We should sleep eight hours. (ought to)
4. It's not a good idea for Valentina to play with a sprained ankle. (shouldn't)
5. It's not a good idea for us to run in the midday heat. (shouldn't)

Ejercicio 20 Responde a un amigo lesionado (difícil)

Tu amigo Joaquín te escribe: «Hi! I broke my wrist skateboarding and I can't play football for six weeks. I'm bored and sad. What can I do?» Escribe una respuesta de 50 a 60 palabras: lamenta lo ocurrido, da tres consejos con should u ought to y propón una actividad que sí puede hacer.