

Exercices present perfect et be + -ing

Exercices d'anglais - niveau 2de

Ces exercices present perfect vous font travailler la forme simple et la forme en be + -ing, le choix entre for et since, et l'opposition avec le prétérit. Une question guide toutes vos réponses : parle-t-on d'un résultat, d'une activité ou d'un moment passé daté ?

Cette fiche d'exercices est à **télécharger en PDF et à imprimer gratuitement** : le bouton se trouve en bas de la page, sans inscription.



Les exercices

Exercices present perfect : du bilan à la durée

Exercice 1 : Participes passés

Mettez le verbe au present perfect simple.

1. I (break) ___ my phone screen.
2. She (choose) ___ her university.
3. We (never / ride) ___ a horse.
4. They (just / win) ___ the match.
5. He (already / spend) ___ all his pocket money.
6. (you / ever / swim) ___ in the ocean?

7. The team (not / score) ___ yet.

Exercice 2 : For ou since ?

Complétez avec for ou since.

1. I've known Jake ___ primary school.
2. They've been arguing ___ hours.
3. She's lived in Leeds ___ 2019.
4. We haven't had a holiday ___ ages.
5. He's been feeling sick ___ he ate those mussels.
6. The shop has been closed ___ last Monday.
7. I've been studying ___ three hours.
8. Nobody has called ___ this morning.

Exercices 3 à 4

Exercice 3 : Bilan ou activité ?

Choisissez la forme correcte.

1. I (have written / have been writing) five emails this morning.
2. I (have written / have been writing) emails all morning.
3. She (has known / has been knowing) him for ten years.
4. Your face is red. (Have you sunbathed / Have you been sunbathing)?
5. They (have visited / have been visiting) twelve countries so far.
6. How long (have you waited / have you been waiting) for me?

Exercice 4 : Present perfect ou prétérit ?

Mettez le verbe au temps qui convient.

1. I (see) ___ that documentary last week.
2. I (see) ___ that documentary three times.
3. When (you / move) ___ to Lille?
4. How long (you / live) ___ in Lille?
5. She (leave) ___ school two years ago.
6. Look! Someone (steal) ___ my bike!
7. Shakespeare (write) ___ 37 plays.
8. My sister (write) ___ two short stories so far.

Exercices 5 à 6

Exercice 5 : Poser la question

Posez la question portant sur la partie soulignée entre crochets, avec How long ou une autre question au present perfect.

1. She has been training [for six months].
2. They have lived in Wales [since 2015].
3. He has seen the film [twice].
4. I have been waiting [for twenty minutes].
5. We have known each other [since kindergarten].

Exercice 6 : Réécrire avec since ou for

Réécrivez chaque phrase avec le present perfect, en gardant le sens.

1. I started learning Spanish three years ago. → I have ____
2. It started snowing at midnight. → It has ____
3. The last time I saw Mia was in June. → I haven't ____
4. She bought this car in 2018. → She has ____
5. We started waiting an hour ago. → We have ____
6. The last time he cooked was months ago. → It's months ____

Exercices 7 à 8

Exercice 7 : Traduction FR → EN

Traduisez en anglais.

1. J'apprends l'anglais depuis six ans.
2. Elle ne m'a pas parlé depuis lundi.
3. Depuis combien de temps attends-tu ?
4. C'est la première fois que je viens à Édimbourg.
5. Ils viennent de partir.
6. As-tu déjà mangé des sushis ?

Exercice 8 : Traduction EN → FR

Traduisez en français.

1. I've been working on this project since September.
2. He's gone to the doctor's.
3. We haven't heard from them for weeks.
4. It's been raining all day.
5. She has been to Australia twice.

Exercices 9 à 10

Exercice 9 : Corriger les erreurs

Corrigez l'erreur dans chaque phrase.

1. I live in this town since I was born.
2. She has bought a new phone yesterday.
3. We have been knowing each other for years.
4. He has been there since two weeks.
5. Have you finished your homework already yet?
6. I have read this book for an hour.

Exercice 10 : Un message de vacances

Lisez le message, puis répondez aux questions en anglais.

Hi Sam! We've been in Cornwall for a week now and it's been brilliant. We've been surfing every morning – well, Dad has been falling off his board every morning! I've already taken about three hundred photos and I've made friends with a girl from Bristol. Unfortunately, it's been raining since Tuesday, so we've been playing board games in the cottage. Have you finished your work experience yet? Talk soon, Lily

1. How long has Lily been in Cornwall?
2. What has the family been doing every morning?
3. How many photos has Lily taken?
4. Since when has it been raining?
5. What has the family been doing because of the rain?
6. Find one present perfect simple and one present perfect in be + -ing, and explain the difference.

Exercice 11

Exercice 11 : Production guidée

Rédigez un court paragraphe (70 à 100 mots) pour présenter une passion ou une activité que vous pratiquez depuis longtemps. Utilisez :

1. une phrase avec for ;
2. une phrase avec since ;
3. une phrase au present perfect be + -ing ;
4. une phrase avec never ou ever ;
5. un bilan chiffré avec so far.

Exercice 12 : Conjuguer au present perfect be + -ing

Mettez le verbe au present perfect be + -ing.

1. She (study) ___ all afternoon.
2. They (wait) ___ for the bus since 8 o'clock.
3. I (not / sleep) ___ well recently.
4. It (rain) ___ all week.
5. We (work) ___ on this project since March.
6. He (run) ___ in the park.
7. (you / learn) ___ Spanish since September?

Exercice 13 : Lire un tableau

Observez le tableau (il est 11 h). Écrivez une phrase au present perfect be + -ing pour chaque ligne, puis répondez aux deux questions.

It's 11 am now

	Ben	play the guitar	for 2 hours
	Mia	paint	since 9 am
	Leo	wait for a friend	for 40 minutes
	Lena	revise maths	since 8.30 am



Leo

Il est 11 h

1. Ben
2. Mia
3. Leo
4. Lena
5. How long has Mia been painting?
6. How long has Lena been revising?

Exercice 14 : Simple ou continu ?

Choisissez la forme qui convient.

1. I (have written / have been writing) emails all morning.
2. I (have written / have been writing) five emails so far.
3. She (has read / has been reading) three novels this month.
4. He is covered in paint. He (has painted / has been painting) the kitchen.

5. They (have built / have been building) a new bridge. It opened yesterday.
6. How many photos (have you taken / have you been taking)?
7. How long (have you learnt / have you been learning) the piano?
8. The kids are tired. They (have played / have been playing) outside since noon.

Exercice 15 : Déduire à partir d'une trace

Pour chaque situation, écrivez une phrase au present perfect be + -ing qui explique ce que l'on voit.

1. Her eyes are red. (cry)
2. His clothes are muddy. (play rugby)
3. I'm out of breath. (run)
4. The kitchen smells of chocolate. (bake)
5. Their hands are black. (repair the bike)
6. She has a sunburn. (lie in the sun)

Exercice 16 : Poser la question

Écrivez la question qui correspond à la réponse donnée (How long, How many ou How much).

1. ___ ? - I've known her for ten years.
2. ___ ? - She has written four chapters.
3. ___ ? - They have been living here since 2015.
4. ___ ? - He has drunk three cups of coffee.
5. ___ ? - We have been waiting for an hour.
6. ___ ? - I've spent fifty euros.

Exercice 17 : Verbes d'état

Ces phrases contiennent une erreur : certains verbes d'état ne se mettent pas en be + -ing. Corrigez-les.

1. I've been knowing Sam since primary school.
2. She has been being ill for a week.
3. They have been having a big house since 2010.
4. We have been liking this series for years.
5. We have been owning this flat since 2012.
6. It has been belonging to my family since 1900.

Exercice 18 : Un marathon en préparation

Complétez le texte avec le present perfect simple ou be + -ing.

My sister Clara (1. train) ___ for the London marathon since January. She (2. run) ___ five times a week and she (3. already / run) ___ more than 500 kilometres. She (4. change) ___ her diet too: she (5. eat) ___ more vegetables since February. I (6. not / run) ___ a marathon yet, but I (7. think) ___ about it for months, and I (8. just / buy) ___ new trainers!

Exercice 19 : Compléter la carte mentale

Complétez la carte avec les mots : *long, many, result, activity*. Puis faites les deux exercices.

have / has + participle

Focus on the (A) _____

How (B) _____ ... ?

I've written 3 emails.

have / has been + -ing

Focus on the (C) _____

How (D) _____ ... ?

I've been writing emails.

Simple ou be + -ing ?

1. Lettre A
2. Lettre B
3. Lettre C
4. Lettre D
5. I'm exhausted! (a. I've cleaned the house. / b. I've been cleaning the house.)
Quelle phrase convient ?
6. - Is the report done? - Yes, I (finish) ___ it.

Exercice 20 : Production : What have you been doing lately ?

Votre ami(e) anglais(e) vous demande : « What have you been doing lately? » Répondez en 6 phrases au moins (environ 80 mots). Utilisez au moins deux present perfect simples, deux be + -ing, *for* et *since*.